

## 1. CALL TO ORDER

Call to Order – 2:34 pm

## 2. TERRITORIAL ACKNOWLEDGMENT

We acknowledge that this meeting is being conducted on the unceded territories of the Coast Salish Peoples; which, to the current knowledge of the Society include the Squamish, Musqueam, Stó:lo, and Tsleil-Waututh people.

## 3. ROLL CALL OF ATTENDANCE

### **3.1 COMMITTEE COMPOSITION**

Vice President External Relations: .....Kathleen Yang  
Vice President Student Life ..... Deepak Sharma  
Vice President University Relations (chair) ..... Brady Yano  
Board of Directors Representative ..... Christine Dyson  
Board of Directors Representative.....Arr Farah  
Board of Governors Representative ..... Deven Azevedo  
Councillor..... Erik Hedakar  
Councillor..... Paula Choudhury  
Councillor..... Sarah Heim  
Councillor .....Erwin Kwok  
Out of Campus Representative .....  
Senate Representative .....Paul Hans  
Student At-Large .....  
Student At-Large ..... Muhsin Suleiman  
Women’s Centre Representative ..... Anjali Biju  
Minute Taker ..... Carmela Frouws

## 4. ADOPTION OF THE AGENDA

### **MOTION ADV 2016-02-03:01**

**Arr/Deven**

Be it resolved to adopt the agenda as amended

#### **CARRIED AS AMENDED**

#### ***Discussion***

- First aid mental health workshop
- Strike item 6: Matter arising from the minutes from last week

*\*\*Deepak and Erwin entered at 2:37pm*

## 5. RATIFICATION OF REGRETS

**MOTION ADV 2016-02-03:02**

**Arr/Anjali**

Be it resolved to ratify regrets from Muhsin Suleiman

**Does not carry**

***Discussion***

- Work

**Motion Reconsidered**

*\*\*Muhsin entered at 2:37pm*

## 6. COMMITTEE MEMBER UPDATES

Kathleen

- Working on the mental health workshop, emailed the Vancouver crisis line but have not heard back yet.
- The SBS motion has been added to the agenda for the next Board meeting.

Christine

- The zero waste campaign took place on Monday at harbour centre, Tuesday in Surrey
- The campaign has been successful
- There have been 198 survey responses to date and will have another day or two after the reading break.

## 7. PRESENTATIONS

### **POST YOUR CHANGE CAMPAIGN**

- The main purpose is to bring awareness to eating disorders and dispel any stereotypes associated with eating disorders.
- This week is Eating Disorder Awareness week, eating disorders has the highest mortality rate in Canada and is a real issue in our community.
- Tables will be set up around campus and will allow students to make postcards describing the change they want to see. The postcards will then be sent to politicians, one per day to bring it to their attention.
- 65 postcards have been received to date.
- The campaign is posted on Facebook under "Post Your Change"
- A request has been put to the committee asking for suggestions on how to grow their page and get more "likes".

- It was suggested that the campaign be brought forth at the Council meetings so that Councilors can bring it back to their constituents.
- A question was raised asking if the BC Children's hospital was contacted, as they advocate for the interest of others.
- The guest was encouraged to bring forth a proposal for the next Advocacy meeting, after which the Committee could help out with promoting their cause.
- A suggestion to use the SFSS craft corner to host a day or event of making postcards.
- Please contact Claire if you're interested in helping out.

### **HI-F.I.V.E. ME WEEK**

- The group was created 2 ½ years ago and is based around mental health and teaches students to take care of themselves.
- Hi-F.I.V.E. is in partnership with Health and Counselling.
- Hi F.I.V.E. will be hosting their 3<sup>rd</sup> annual Me Week event on March 14-18, 2016.
  - Day one: Tabling, Outreach / Giveaway
    - Fortune Cookies will be given away with positive messages in them.
  - Day two: Love Yourself Day
    - A polaroid camera will be used to take pictures of people
  - Day three: Art Day and Careers in Mental Health Night
    - Appreciation gifts will be needed for the panel of speakers.
  - Day four: Pancake Breakfast
  - Day five: Day of Kindness
    - Day five will be solely funded by the health and counselling.
- 90 people attended last year

*\*\*\*Guests left at 3:05pm*

## **8. NEW BUSINESS**

### **8.1 MEN'S PROGRAMMING**

#### **MOTION ADV 2016-02-03:04**

#### **Kathleen/Deepak**

Be it resolved to allocate up to \$2300 from line 820/20 for the Men's Programming Initiative event to cover the cost of honorariums, per diems, transportation, accommodations, catering, space booking and printing for the University of Victoria Men's Circle facilitators for the event on February 16<sup>th</sup>.

#### **CARRIED**

#### **Abstention - Kathleen**

#### ***Discussion***

- The Men's Programming Initiative Event will be taking place on February 16, 2016.
- The Facebook event has been posted on the SFSS Facebook page under the SFSS account.
- Hotel costs have been added to the proposal although it is unsure at this time if it is needed.
- Posters will be printed by SFPIRG.

## **8.2 HI-F.I.V.E ME WEEK**

### **MOTION ADV 2016-02-03:03**

**Kathleen/Paul**

Be it resolved to allocate \$2,580 from line item 820/20 to support the Hi Five me week taking place march 14-18, 2016.

Be it further resolved that these funds be used for AQ, outreach, supplies, gifts, Polaroid film and fortune cookies.

**CARRIED**

**Abstention – Erwin**

#### ***Discussion***

- AFAC funding was not available for this purpose, which is why it has come through adv.
- Hi-F.I.V.E would like be a program under the SFSS and is seeking to establish a peer mental health program once the SUB is built.

## **8.3 MENTAL HEALTH FIRST AID**

### **MOTION ADV 2016-02-03:05**

**Kathleen/ Deepak**

Be it resolved to allocate up to \$3000 from line item 820/20 to cover the cost of the mental health first aid hosted by the Canadian mental health association on Feb 27-28<sup>th</sup> 2016

Be it further resolved to approve up to \$100 from line item 820/20 for the purpose of snacks for participants in the mental health workshop.

**CARRIED**

## **8.4 POST YOUR CHANGE CAMPAIGN**

### **MOTION ADV 2016-02-03:06**

**Kathleen/Arr**

Be it resolved that the SFSS Advocacy Committee endorse the post your change campaign through the SFSS communication channels.

**CARRIED AS AMENDED**

***Discussion***

- The Committee has agreed to have a table for a day and help out with postcards.
- The campaign has received plenty of support through other groups.
- The campaign will be running until the end of May
- A work order will be needed prior to any Social Media postings.

**9. DISCUSSION**

**MENTAL HEALTH FIRST AID**

- The mental health first aid workshop has been booked for February 27-28, 2016.
- An event will be set up on the SFSS Facebook event.
- The cost will be \$50 per student, which is subsidized by the SFSS.
  - It was suggested to have the full payment due at least a week prior to the event and will be non-refundable.
  - Money will only be refundable on a conditional basis.
- The event will run over two days, with both days being mandatory in order to receive certification.
  - It was suggested to have catering provided for the members.
  - It was recommended to have some snacks however because the restaurants are open on weekends, full meals were not necessary.
  - The committee agreed that snacks would be provided for the members during the meeting.

**NO MEETING DURING READING BREAK**

**10. ANNOUNCEMENTS**

**11. ATTACHMENTS**

MEWeekGrantRequest.pdf  
MPI Event Proposal - 2016

**12. ADJOURNMENT**

Adjourned at: 3:39 pm



Hi Friendship Invoke conversation Value everyone Eliminate stigma

### **The Hi F.I.V.E Movement**

The Hi F.I.V.E. Movement for Mental Health is led by a group of SFU student volunteers from various academic disciplines that aim to encourage, educate, and inspire open conversation, kindness and friendship among students. Our events and outreaches are focused on student's mental health and ensuring they know and understand how to take care of themselves and each other. This group, with support from SFU Health and Counseling Services and the Simon Fraser Student Society, seeks to sustain campaign activity throughout the years and eliminate stigma against those struggling with mental health issues on campus. Please contact the coordinator and or chair with any questions or concerns.

#### **Contact information:**

Jennifer Hoffmeister

Hi FIVE Coordinator

(778) 871 0504

[hifivesfu.coordinator@gmail.com](mailto:hifivesfu.coordinator@gmail.com)

Emily Hirst

Hi FIVE Executive Committee Chair

(778) 960 2521

[ehirst@sfu.ca](mailto:ehirst@sfu.ca)

## **Grant Proposal for Hi-F.I.V.E.'s 3rd Annual ME Week**

**What:** The Hi-FIVE 3rd Annual ME Week

**Who:** All undergraduate students are invited

**When:** March 14-18

**Where:** Various - Convocation Mall, AQ Table, an AQ lecture hall, Saywell Atrium or Safe Study Area

**Why:** ME Week encourages students to take care of themselves throughout the semester and beyond. It is aimed to be educational and stress-relieving while also increasing awareness and on-campus dialogue about mental health.

**Daily details:**

- March 14 - AQ Table Outreach/Giveaway
- March 15 - Love Yourself Day
- March 16 - Art Day and Careers in Mental Health Night
- March 17 - Pancake Breakfast
- March 18 - Day of Kindness

Detail	Date		
<b>Cost</b>	March 14	<i>Giveaways will be by donation/sponsorship</i>	
		Custom fortune cookies (750 cookies + tax/shipping)	\$240
	March 15	Polaroid Film (\$0.50 x 200 film +tax/shipping)	\$250
	March 16	Art Supplies - Request to use SFSS art supplies (Paint, paper, etc.)	
		Careers Night Panelist Appreciation Gifts (6 panelists + 1 MC x \$20)	\$140
	March 17	Careers Night refreshments	\$300**
	March 18	Pancake Breakfast (incl. coffee/tea)	\$1500**
		<i>Will be solely funded by SFU Health &amp; Counselling Services and other sponsorships</i>	
		Promotional costs (incl. posters, flyers)	\$150
<b>Total</b>	Request	SFSS Grant	\$2580

\*\* Costs are services through the SFSS and these prices based on last years expenses

## Men's Programming Imitative Event Proposal

**Event:** Men's Issues and Student Organizing: Lessons from the Uvic Men's Circle

**Date:** Tuesday, February 16, 2016, 3:30pm to 6:30pm

**Location:** Halpern Centre 114 (booked)

**Attendance:** *Expected number of people:* Max 35 (including facilitators)

- Targeted invitations will be sent to: Advocacy for Men and Boys, SASC working group, GSWSSU, Rotunda groups, SFSS Advocacy committee, Graduate Student Society
- Event will only be open to SFU undergraduate and graduate students
- Attendees can register using this SFU Websurvey form:  
<http://websurvey.sfu.ca/survey/232358830>
  - o RSVP will be required

### **Content:**

- The Uvic Men's Circle folks will do an introduction and then we will have an open Question and Answer period. Focus will be placed on:
  - o How did the Men's circle start?
  - o Why is grounding your perspective important in this type of organizing?
  - o What role do you think self-identified men have to play in ending violence?
  - o Why are groups specifically for self-identified men important?
- There will be a note-taker during the event, no names will be recorded

### **Catering: \$300**

- Juice, Sandwiches and Wraps, Veggie and Fruit platter (large)

### **Logistics:**

- Accessibility requests to research:
  - o Childcare reimbursements, Reading materials in different formats (ie large print, dyslexic friendly), scent reduced locations, dietary restrictions and allergies
  - o gender neutral washroom locations and door dimensions
- SFPIRG Action items
  - o Create graphic poster
  - o Booked Halpern Space
- SFSS Advocacy Items:
  - o Create Facebook event, monitor discussions
  - o Reimburse/Cover costs of the event
- SFU Women's centre
  - o Cover Childcare reimbursements if needed



<b>Event Budget</b>	<b>Amount</b>	<b>Notes</b>
<i>Honorarium</i>	\$800 + \$140 for food	<ul style="list-style-type: none"> <li>• *\$200/ facilitator; 4 facilitators</li> <li>• * \$35 per day per person</li> </ul>
<i>Transportation</i>	\$355.28	<ul style="list-style-type: none"> <li>• Cost to and from Vancouver for 4 passengers with the cost of a vehicle with tax estimated.</li> <li>• \$55.40 = cost of vehicle</li> <li>• \$16.90 = cost of passenger</li> <li>• \$15 = reservation cost</li> <li>• Total= 273.20</li> <li>• Gas = \$0.54 per km</li> <li>• *uvic to ferry; ferry to SFU*</li> <li>• \$0.54* 152 = \$82.08</li> </ul>
<i>Room Booking Halpern Centre 114</i>	\$125 (plus tax) Est. \$140	
<i>Catering</i>	\$ 300	
<i>Print Materials</i>	\$30	<ul style="list-style-type: none"> <li>• \$0.50*30 full colour 11x17 posters = \$15</li> <li>• \$0.08* 120 black and white 8.5x11 copies = \$9.60</li> </ul>
<i>Hotel (TBD)</i>	\$380	Cost of 1 hotel rooms at Simon Fraser hotel is \$95 a night (with one Queen Bed) (95*4 = \$380)

**Total: \$2270.28**