

1. CALL TO ORDER

Call to Order by the Chair – 2:33pm

2. TERRITORIAL ACKNOWLEDGEMENT

We acknowledge that this meeting is being conducted on the unceded territories of the Coast Salish peoples; which, to the current knowledge of the Society include the Squamish, Musqueam, Stó:lo, and Tsleil-Waututh people.

3. ROLL CALL OF ATTENDANCE

3.1 COMMITTEE COMPOSITION

- | | |
|---|-----------------|
| 1. Vice President Student Life (chair): | Deepak Sharma |
| 2. President (ex officio) | Enoch Weng |
| 3. Board of Directors Member | Larissa Chen |
| 4. Board of Directors Member | Curtis Pooghkay |
| 5. Board of Directors Member | Shipra Sharma |
| 6. Student At-Large | Tatum Miller |
| 7. Student At Large | Kevin Kumar |
| 8. Student At-Large | Ibrahim Hafeez |
| 9. Student At-Large | |

3.3 GUESTS

10. Melissa Lee
11. Stephanie Ly

3.4 REGRETS

- | | |
|-------------------------------|--------------|
| 12. Board of Directors Member | Hangué Kim |
| 13. Councilor | Pardeep Barn |
| 14. Councilor | Erwin Kwok |

4. ADOPTION OF THE AGENDA

MOTION EVENTS 2016-02-05:01

Shipra/Ibrahim

Be it resolved that the agenda be adopted as amended.

CARRIED AS AMENDED

Discussion

- Add discussion - motion regarding appreciation week

5. RATIFICATION OF REGRETS

MOTION EVENTS 2016-02-05:02

Ibrahim/Larissa

Be it resolved to ratify regrets from Hanguie Kim, Pardeep Barn and Erwin Kwok.

CARRIED AS AMENDED

Discussion

- The members were not able to make the meeting time due to the short notice provided for the emergency meeting.

6. NEW BUSINESS

6.1 POWER OF POSITIVITY

MOTION EVENTS 2016-02-05:03

Larissa/Shipra as amended by Larissa/Ibrahim

Be it resolved to approve up to \$703.75 for the Power of Positivity Week.

CARRIED AS AMENDED

Discussion

- The ESA held their Power of Positivity collaboration yesterday and garnered plenty of new ideas.
- Metrics were discussed and it was decided that \$703.75 would be needed for tabling.
 - The budget proposal includes: coffee, candy or treats and supplies to include balloons, markers, etc.
 - Coffee will be supplied by the FBS.
- The event will be a Board event but will be carried out by active members of the ESA. The SFSS will be there to support them.
- All the branding would be SFSS
- Larissa was tasked to follow up with Campus * to see if they could provide supplies.

6.2 FUNDRAISER

MOTION EVENTS 2016-02-05:04

Shipra/Curtis

Be it resolved to approve up to X for the Fundraiser on February 18, 2016.

WITHDRAWN

Discussion

- The pub is booked for the SFSS – looking for consistency with bookings.
- Deepak met with the FBS general manager – John Flipse, who suggested the following two options:
 - 1) Fundraiser event
 - Non-ticketed event
 - It was suggested to table the fundraiser to a later date to ensure it will be successful.

- 2) Karaoke event
 - Non-ticketed event
 - The event would receive support from various music groups on campus
 - It was recommended to rent a karaoke machine rather than buy one to first see if students are receptive to the idea of a karaoke night.
 - It was suggested that Headliners be used as a way to publicize the event and gift cards could be used as prizes.
- Interest was expressed in moving a motion contingent on someone being a project lead or the event and a detailed proposal be sent out to the committee.
- The main purpose would be to bring students in the pub on usually slow night.
- The Committee has agreed that a proposal should be presented prior to the Committee approving a motion.

7. DISCUSSION

- **REZLIFE**
 - Rezlif had originally approached the Events Committee to request assistance with promoting their Valentine's dating game.
 - The group has decided they no longer need any SFSS assistance.
- **SPRING CONCERT**
 - The Spring Concert will be discussed at the next meeting.
- **APPRECIATION WEEK UPDATE**
 - The food permit has been acquired for the BBQ.
 - The invoice has been received from Cool Games and the deposit has been made.
 - The masks have been ordered for the pub night.
 - The budget for day two has been provided to the Committee.
 - The total budget for day two = \$1150.
 - Hi-F.I.V.E. has agreed to help out, Advocacy has shown interest in also helping out and will add a different dimension to "Treat Yourself Tuesday".
 - It was suggested to ask AFAC for use of the massage tables.
 - The members will be able to attend a free yoga session on campus.
 - It was suggested that the James Douglas room be booked as a backup in case it is too cold outside for yoga to take place.
 - A social media competition will take place – use our hashtag and be entered to win a prize.
 - The prize will be something that the students can utilize such as health products.
 - The miscellaneous cost is there as a buffer just in case and will be used for any unforeseen costs.
 - The Committee will be seeking sponsorships and donations
 - Larissa will be taking charge of the pub night for the appreciation week.

7.1 APPRECIATION WEEK – DAY TWO

MOTION EPCOM 2016-02-05:

Curtis/Kevin

Whereas Appreciation Week has already been provided \$5965 for Day one, day three and day four.

Be it resolved to approve an additional \$1150 for Day 2 for the Appreciation Week.

Be it further resolved to appoint Larissa Chen for the co-project lead for day two

CARRIED

Discussion

- Meetings are set for early next week with Health and Counselling
- The BBQ and dunk tank will draw people in for day three.
- Yoga and puppy therapy will draw people in for day two.
- The movie has been moved indoors and to a more optimal time.
- The committee is seeking sponsorship from Nestors and Health and Counselling.
 - It was recommended to seek sponsorship from Costco as well.
 - The BBQ rentals will be \$25 per day.

NEXT MEETING: Wednesday, February 17, 2016

8. ANNOUNCEMENTS

9. ATTACHMENTS

PowerOfPositivity_Budget

BOD56 - Treat Yourself Tuesday Overview

10. ADJOURNMENT

Adjournment – 3:22 pm

Power of Positivity Week (Feb 22 – 26) Budget Proposal

Total:

$\$100.00 + \$603.75 = \$703.75$

Breakdown:

- Supplies for tabling/outreach: *up to* \$100.00
 - Balloons
 - Poster paper
 - Markers
 - Post-it Notes
 - Other art supplies thought of at collaboration meeting

(Note that most if not all of these supplies can be found at dollar stores and will most likely be well under \$100.00)

- Food/snacks: \$603.75
 - Free Coffee
 - To attract students!
 - \$1.25 per cup, large urn holds 80 cups = 100.00
 - After gratuity and tax is \$120.75 per urn.
 - @ \$120.75 / urn X 5 Days = 603.75
 - Cups, creams, sugar and stir sticks are provided

(Note: This is from the FBS. John Flipse said if he may be able to provide a volume rebate if we need it. I'm also wondering if there is another way of getting coffee as this seems expensive!)

#TreatYorselfTuesdaySFSS
Summary Overview

Project Lead
Larissa Chen
SFSS Faculty of Health Science Representative

Presented to EPCOM on
Friday, February 5, 2016

Overview

For this date, there will be an emphasis on wellbeing, self-care and mental health for the SFU community, with a particular emphasis on SFU undergraduate students. Students are reminded to take care of themselves, especially after their restful Reading Break. This will not only have healthy wellbeing outcomes for students, but also positively affect the various other aspects of their lives.

Logistics

Day-long event, taking place in Convocation Mall on Tuesday, March 1, 2016. All students are welcomed for this free event. Each respective group will be contacted and will be responsible for their activity, with the project leads providing oversight and supervision of procedures the day-of.

Metrics

- # SM media hashtag references
- # attendees of day-of event
- # of students engaged with the outreach tabling activities

Marketing

There will be a strong social media component, as to involve students from satellite campuses and promote students to be further involved with our SFSS social media communications. Examples include hashtags, contests, social media engagement, etc. This will be in a follow-up document, after consulting with the SFSS Communications Dept, at the next EPCOM meeting.

Scheduled Activities

Activities	Budget
Yoga instructor	\$100
Puppy therapy (HCS or PADS)	\$400
Outreach tabling (Health Peers, Hi-Five)	\$100 for supplies
Refreshments	\$250
Social media contests	\$100
Adult coloring sheets (Project Reconnect)	FREE
Miscellaneous	\$200
TOTAL	\$1150